

ILANA TALIA NAFTALIN JURKOWITZ, PH.D.

Licensed Clinical Psychologist
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EDUCATION

Ph.D. February, 2014	Doctor of Philosophy in Clinical Psychology, APA Accredited Program Alliant International University California School of Professional Psychology Los Angeles, CA Academic Merit Scholar (GPA 3.99) Dissertation: Reducing stress in parents of children with Autism: Testing the effectiveness of <i>Parents Matter</i>
M.A. 2011	Clinical Psychology Alliant International University California School of Professional Psychology Los Angeles, CA
B.A. 2005	University of California, Santa Barbara Santa Barbara, CA Psychology Major, Education Minor (Applied Psychology emphasis) High Honors Distinction in the Major Attended College Honors Program Thesis: Creating extraneous cognitive load in PowerPoint Lessons

CLINICAL EXPERIENCE

January 2022-present	Director of Mental Health Support and School Counseling Park Century School Culver City
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- Oversee mental support for students at Park Century School, including on-campus support and collaboration with outside mental health professionals.
- Supervise psychology graduate practicum students. Provide individual and group training on intervention techniques, crisis management, and case conceptualization.
- Coordinate monthly parent education speakers that present on a variety of topics, depending on the needs of the parent community.
- Teach 8th grade students about brain structure and function. Guide students in understanding their own neuropsychological profile and test data.

- Oversee and teach the Human Growth and Development program for upper elementary and middle school students.
- Collaborate on the implementation of social-emotional learning in all classrooms.
- Assist with the coordination of regular progress monitoring assessments for all students, including training educators on the administration and interpretation of the WIAT-IV.

12/2016-present

Licensed Clinical Psychologist

Psych Ed Corner, Inc. (private practice)
Los Angeles

- Conduct in-home and in-office comprehensive psychodiagnostic, psychoeducational and Kindergarten readiness assessments for children, adolescents, and young adults. Regularly consult with other professionals including school staff, teachers, psychotherapists, psychiatrists, educational therapists, and educational advocates regarding test results and recommendations.
- Attend IEP and SST meetings to advocate for appropriate student support and accommodations.

6/2014-12/2016

Registered Psychological Assistant

Natasha Wheeler, Psy.D. (private practice)
Los Angeles, CA

- Conducted in-home and in-office comprehensive psychodiagnostic assessments which included test administration, scoring, interpretation, report writing, and feedback to families. Consulted with school staff, psychiatrists, and other professionals regarding test results and recommendations.
- Provided individual psychotherapy for children including regular collateral sessions with parents.
- Worked under the supervision of Dr. Natasha Wheeler.

2/2014-10/2016

Post-Doctoral Fellow and Registered Psychologist

Psycho-Educational and Diagnostic Services Program
Reiss-Davis Child Study Center, Vista Del Mar
Culver City, CA

- Conducted comprehensive psychological assessments which included test administration, scoring, interpretation, report writing, and feedback to families. Referrals frequently received from Vista Del Mar therapists and local public and private schools. Consulted with school staff, psychiatrists, and other professionals regarding test results and recommendations. Attended IEP and SST meetings.
- Attended weekly group and individual supervision for case presentation and clinical consultation.

- Worked under the supervision of Dr. Lisa Blanchard and Dr. Donald Tessmer.

9/2012-2/2014

Psychology Fellow

Psycho-Educational and Diagnostic Services Program
Reiss-Davis Child Study Center, Vista Del Mar
Culver City, CA

- Conducted psychological assessments which include test administration, scoring, interpretation, report writing, and feedback to families.
- Received specialized training in psychodiagnostic testing including cognitive, achievement, neuropsychological, and projective tests.
- Received training in DMH documentation, clinical trainings in child development, dream work, psychodynamic theories of development, neurobiology, and family therapy.
- Worked under the supervision of Dr. Brian Mayeda.

9/2011-7/2012

Psychology Intern

Child and Family Center
Santa Clarita, CA

- Provided outpatient service to DMH community mental health center clients including individual, family, and collateral therapy.
- Conducted psychological assessments which include test administration, scoring, interpretation, report writing, and feedback to families.
- Provided dyadic therapy, based on the Interactional Guidance and Watch, Wait and Wonder, to parents and children ages 0-5 years.
- Worked with a multidisciplinary team, interfacing with local schools, DCFS, psychiatrists, and attorneys.
- Co-led parenting classes using the STEP model.
- Received training in DMH documentation, clinical trainings in working with the population, education on psychotropic medications, and specialized training in infant/toddler therapy.
- Worked under the supervision of Dr. Kimberly Martin, Dr. Roberta Rubin, Nikole Fuentes, and Dr. Alan Sandler.

9/2010-7/2011

Practicum Student

Paladin Eastside Psychological Services
Montebello, CA

- Provided individual psychotherapy to adults and adolescents who experienced trauma using a cognitive-behavioral approach including cognitive restructuring, interpersonal communication skills building, stress management, mindfulness, and cognitive coping. Provided Trauma-Focused Cognitive-Behavioral Therapy to adolescents.
- Administered and scored seven psychodiagnostic test batteries

incorporating cognitive, developmental, projective, diagnostic measures (e.g. Wechsler Intelligence Scale for Children-IV, Stanford Binet for Early Childhood, Wide Range Achievement Test-4, Roberts-2, Childhood Autism Rating Scale, Gilliam Asperger's Disorder Scale, Trauma Symptoms Checklist, Personality Inventory for Children-2, Carey Temperament Scale, Developmental Profile-3, Parent Stress Index, Test of Everyday Attention of Children, Children's Memory Scale).

- Wrote seven psychological test reports from test batteries for traumatized children in support of their existing treatment.
- Conducted initial diagnostic intake interviews which included gathering psychosocial history, Mental Status Exam, generating and Axis I-V diagnosis, and initial treatment plan.
- Received training in Trauma-Focused Cognitive Behavioral Therapy, the Complex Trauma Framework and the Neurorelational Framework.
- Worked under the supervision of Dr. Yvonne Miller.

4/2010-6/2010

Incredible Years Group Co-facilitator

Alhambra Unified School District
Alhambra, CA

- Co-facilitated a weekly group of parents of preschool children using the Incredible Years program, an evidence-based program for parents with children with behavioral difficulties.
- Facilitated two-hour sessions for eight weeks.
- Utilized the Incredible Years manual to educate parents on selected topics, discuss video vignettes, and facilitate role-plays.

10/2008-6/2009

Pre-Practicum Student

Children, Youth, and Family Consortium
California School of Professional Psychology
Alliant International University
Alhambra, CA

- Provided individual play therapy to elementary school students presenting with issues of depression, anxiety, and anger management.
- Conducted initial diagnostic intake interviews with students and their parents including developmental and psychosocial history.
- Facilitated Second Step, a social skills program, with a group of third grade students as part of an after-school intervention program.
- Received training in play therapy and Second Step.
- Worked under the supervision of Dr. Patsy Khemtongpru and Dr. Rosalie Finer.

6/2007-7/2008

Post-baccalaureate Intramural Research Training Award Fellow

National Institute of Mental Health
National Institutes of Health
Bethesda, MD

- Conducted screenings of clinical research participants including healthy adult volunteers and children meeting diagnostic criteria for Conduct Disorder or Oppositional Defiant Disorder.
- Administered Wechsler Abbreviated Scale of Intelligence and computer-based assessment batteries to adult and children research participants.
- All work completed under the supervision of Dr. James Blair in the Mood and Anxiety Disorders Program, Unit on Affective Cognitive Neuroscience.

8/2005-6/2007

Director of Youth Programs

Congregation Har Shalom
Potomac, Maryland

- Supervised all programs concerning and involving all youth in the congregation.
- Organized and planned extracurricular programs, incorporating informal education and leadership development, for grades K-college.
- Advised an extracurricular youth group for high school students.

TEACHING EXPERIENCE

8/2020-5/2022

Adjunct Professor of Psychodiagnostic Assessment

California School of Professional Psychology

8/2016-12/2018

Alliant International University
Alhambra, CA

- Provide weekly lectures and training in diagnosing and defining problems through psychological assessment and measurement. This is a year-long required course in the Clinical Ph.D. Program at California School of Professional Psychology, Alliant International University.
 - Discuss ways assessment information can be used to develop appropriate intervention strategies, and how cultural diversity and individual differences affect assessment practice. Provide an introduction of the selection, administration, scoring and interpretation of objective and projective testing instruments and comprehensive, integrative report writing. Lectures include a thorough review of psychometric theory, ethical standards specific to assessment, and training in specific test instruments.
 - Supervise administration, scoring, interpretation, and report writing of practice assessment batteries as part of the course requirements.
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- Write and prepare a comprehensive exam that all students must take and pass with 75% competency at the end of the school year.
- Supervise teaching assistants in providing academic support to the graduate students.

7/2015-4/2016

Psychodiagnostic Assessment Educator

Ilana Jurkowitz, Ph.D.

Los Angeles, CA

- Provided weekly training and education to a Clinical Psychologist in private practice on various assessment measures including the Rorschach, MCMI, and TOVA. Provided education and training on the use of the individual measures, and proper administration, scoring, and interpretation.

RESEARCH EXPERIENCE

7/2012-11/2013

Research Assistant

Strategies for Enhancing Early Developmental Success (SEEDS)

Program, Semel Institute, UCLA

Los Angeles, CA

- Assisted in pretest evaluations including developmental assessments using the Bayley Scales of Infant Development, This Is My Baby interview, and Vineland Adaptive Behavior Scales.
- Assisted in the development of the School Readiness program.

8/2010-5/2012

Program Consultant

Gateway to Success Program

Alhambra Unified School District

Alhambra, CA

- Disseminated applied research findings through the creation of presentations, executive reports and videos to program stakeholders and funders, including school board members, community collaborators, and federal funding representatives.
- Presentations presented at city, county, and national meetings and conferences including American Psychological Association Convention, California Psychological Association Convention, National Center's Project Director's Consortium, California State School Safety Conference, Los Angeles County Department of Mental Health Conference.

1/2009-5/2013

Graduate Researcher and Principal Investigator

California School of Professional Psychology

Alliant International University

Alhambra, CA

- Devised, conducted, and analyzed original research in Clinical

Psychology under the supervision of Dr. Linda Beckman. Developed a parent-focused stress reduction program, “Parents Matter,” for parents of children with Autism.

- Investigated the relationship between worry, anxiety, and academic performance in 3rd-5th grade students in the Alhambra Unified School District.
- Tested instruments include the Revised Children’s Manifest Anxiety Scale, Penn State Worry Questionnaire for Children, Parent Stress Index.

10/2008-5/2012

Graduate Researcher

Professional Services Center
California School of Professional Psychology
Alliant International University
Alhambra, CA

- Assisted in research under the supervision of Dr. Rosalie Finer in the areas of substance abuse prevention, violence prevention, mental health, social and behavioral support, and early childhood social and emotional learning programs.
- Conducted extensive literature reviews on school based mental health, school climate, and ethnic disparities in mental health service provision.
- Authored two grants (APF Division 17, Mazda Foundation) and assisted in grant writing for two additional grants (U.S. Dept. of Ed. Grant for the Integration of Schools and Mental Health Systems, U.S. Dept. of Ed. Elementary and Secondary School Counseling Programs Grant).
- Conducted statistical data analysis related to school climate, and the mental health status of students (Strengths and Difficulties Questionnaire).

6/2007-7/2008

Post-baccalaureate Intramural Research Training Award Fellow

National Institute of Mental Health
National Institutes of Health
Bethesda, MD

- Assisted in research under the supervision of Dr. James Blair in the Mood and Anxiety Disorders Program, Unit on Affective Cognitive Neuroscience.
- Collected and analyzed fMRI data using AFNI, and behavioral data using SPSS on both adult and youth research volunteers.
- Investigated cortical processing of youth with disruptive behavioral disorders during judgment and fear inducing fMRI tasks.
- Created a research protocol involving the Affective Stroop paradigm that was paired with fMRI data of healthy adult research volunteers to investigate the effect of emotional distracters on attentional control.

9/2004-6/2005

Research Assistant and Principal Investigator

Department of Psychology, UCSB
Santa Barbara, CA

- Conducted original research in the Educational Psychology laboratory under the supervision of Dr. Richard Mayer.
- Developed experimental procedures including an experimental PowerPoint presentation, and collected and analyzed data investigating the effects of extraneous cognitive load on learning.

9/2003-6/2004

Research Assistant

Department of Psychology, UCSB
Santa Barbara, CA

- Collected and analyzed physiological data (blood pressure, heart rate) and behavioral data in the Social Psychophysiology Laboratory under the supervision of Dr. James Blascovich at UCSB.
- Co-facilitated data collection and analysis investigating blood pressure changes resulting from subliminal presentation of significant other names.

PROGRAM DEVELOPMENT EXPERIENCE

6/2010-5/2012

Graduate Researcher and Program Developer

California School of Professional Psychology
Alliant International University
Alhambra, CA

- Developed and implemented a research-based clinical intervention to reduce stress in parents of children with Autism. Intervention is strength-based and uses cognitive-behavioral techniques including controlled breathing, progressive muscle relaxation, structured problem-solving, and cognitive restructuring, among others. Intervention also uses group dynamics and empathic communication to provide support to parent participants.
- Wrote treatment manual that is currently used to run the experimental groups.

1/2011-5/2012

Graduate Researcher (programmatic component)

Professional Services Center
California School of Professional Psychology
Alliant International University
Alhambra, CA

- Co-developed a first year field training curriculum for graduate students enrolled in the Alliant Psy.D. program. Helped determine training topics, curriculum structure, and appropriate training assignments and activities.

- Created training, didactic lectures in Microsoft PowerPoint, and chose relevant reading materials to be assigned to students.
- Maintained program website with relevant materials for students to access.

SUPERVISION EXPERIENCE

2/2022-10/2023

Clinical Supervisor

Psycho-Educational and Diagnostic Services Program
Reiss-Davis Child Study Center, Vista Del Mar
Culver City, CA

- Provide individual supervision to post-doctorate psychology interns who conducted comprehensive psychological assessments. Supervise test administration, scoring, interpretation, report writing, and feedback to families.

9/2011-5/2012

Clinical Supervisor

Children, Youth, and Family Consortium
Psychological Services Center
California School of Professional Psychology
Alliant International University
Alhambra, CA

- Supervised two first-year Pre-Practicum Psy.D. students through the Children, Youth, and Family Consortium. Provided weekly supervision for 7 school-based clients, ages 6 to 14. Reviewed all clinical paperwork and videotaped sessions. Received supervision from Dr. Rosalie Finer, Dr. Amy Samuels, and Dr. Colleen Warnesky.

10/2011-5/2012

Peer Supervisor – 4th year Ph.D. Student

California School of Professional Psychology
Alliant International University
Alhambra, CA

- Provided weekly supervision to a third year Ph.D. student at California School of Professional Psychology regarding case conceptualization and preparation for program comprehensive examinations.

PUBLICATIONS

Marsh, A. A., Finger, E. C., Fowler, K. A., Adalio, C., **Jurkowitz, I. T. N.**, Schechter, J. C., Pine, D. S., Decety, J., Blair, R. J. R. (2013). Empathic responsiveness in amygdala and anterior cingulate cortex in youth with psychopathic traits. *Journal of Child Psychology and Psychiatry*, 54(8), 900-910.

Marsh, A. A., Finger, E. C., Fowler, K. A., **Jurkowitz, I. T.**, Schechter, J. C., Yu, H. H., Pine, D.

S., and Blair, R. J. R. (2011). Reduced amygdala-orbitofrontal connectivity during moral judgments in youths with disruptive behavior disorders and psychopathic traits. *Psychiatry Research: Neuroimaging*, 194(3), 279-286.

Marsh, A. A., Finger, E. C., Schechter, J. C., **Jurkowitz, I. T.**, Reid, M. E. and Blair, R. (2011). Adolescents with psychopathic traits report reductions in physiological responses to fear. *Journal of Child Psychology and Psychiatry*, 52(8), 834-841.

Mayer, R., Griffith, E., **Jurkowitz, I.T.N.**, Rothman, D. (2009). Increased Interestingness of Extraneous Details in a Multimedia Science Presentation Leads to Decreased Learning. *Journal of Experimental Psychology: Applied*, 14(4), 329-339.

POSTER PRESENTATIONS

Jurkowitz, I. T. N., Beckman, L. (2010). *The effects of worry on academic performance in elementary school children*. Poster presented at the annual Los Angeles County Psychological Association conference, Los Angeles, California.

***Naftalin, I.**, Crowe, S. L., Blair, R. J. R. (2008). *The effects of negative emotional distracters on BOLD responses associated with goal-directed processing and emotion regulation*. Poster presented at the annual Social Affective Neuroscience conference, Boston, Massachusetts.

Crowe, S. L., ***Naftalin, I.**, Blair, K. S., McCaffrey, D., Vythilingam, M., Pine, D. S., Blair, R. J. R. (2008). *Neural underpinnings of biased emotional attention in Post-Traumatic Stress Disorder*. Poster presented at the annual meeting of Society of Biological Psychiatry, Washington, District of Columbia.

***Naftalin, I.**, Mayer, R. (2005) *Creating Extraneous Cognitive Load in Power Point Lessons*. Poster presented at the annual meeting of American Educational Research Association, San Francisco, California.

*last name Naftalin until October 2008 when changed to Jurkowitz

GRANTS AUTHORED AND RESEARCH FUNDING RECEIVED

2012	Recipient of the Organization for Autism Research graduate student grant for research project titled "Reducing Stress in Parents of Children with Autism: Testing the Efficacy of <i>Parents Matter</i> ."
2011	Author of the Mazda Foundation Grant for the expansion of school based mental health services for ethnic minority groups, PSC, AIU
2010	Author of the American Psychological Foundation Division 17 Counseling Psychology Grant for "AUSD Counseling Psychology Program Grant," PSC, AIU
2010	Recipient of the CSPP Student Research Fund Award for research project titled "The Effects of Worrying on Academic Performance in Elementary School Children," CSPP, AIU

2004	Recipient of the Undergraduate Research and Creative Activities research grant in Educational Psychology, UCSB
2003	Recipient of the Undergraduate Research and Creative Activities research grant in Social Psychophysiology, UCSB

HONORS AND AWARDS

2010	LACPA Convention 2 nd Place Poster Presentation Award
2008-2014	CSPP, AIU Academic Merit Scholar
2005	UCSB Morgan Award for Research Promise in Psychology
2005	UCSB University Service Award
2005	UCSB Thomas More Storke Award Nominee
	UCSB Dean's Honors: Spring 2002, Fall 2003, Winter 2004, Spring 2004, Fall 2004, Winter 2005, Spring 2005

PROFESSIONAL AFFILIATIONS

2008-present	American Psychological Association
2008-present	Los Angeles County Psychological Association
2011-2012	Graduate Student Affiliate, American Psychological Association Division 5 (Evaluation, Measurement, Stats)
2011-2012	Graduate Student Affiliate, American Psychological Association Division 40 (Clinical Neuropsychology)
2009-2012	Graduate Student Affiliate, American Psychological Association Division 17 (Counseling Psychology)